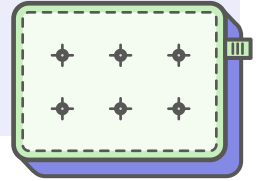


# MOVING BASICS: OUR SIMPLE CHECKLIST

## 2 Months Before

- Set your overall moving **budget**.
- Research & schedule **movers**.
- Decide what items to **keep, donate & toss**.
- Start **new!**

**Shop for new household items and large-sized items** to avoid hefty moving costs. Double check the age of your mattress — it's worth considering replacing your bed instead of dragging an old mattress to your new home.

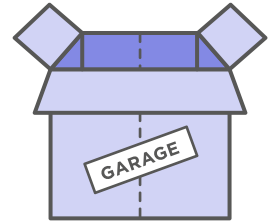


## 1 Month Before

- Collect new or recycled boxes & **start packing**.
  - Small boxes are best for dishes and heavy things.
  - Don't forget specialty boxes for lamps, TVs and wardrobes!
  - You always need more tape than you think you do.
- Hire cleaning service to **clean both homes**.
- Handle **address changes** & request school/medical records.
- Schedule **time off** with your employer.

## 2 Weeks Before

- Create a plan to transfer or store your **valuables**, like jewelry or necessary medications.
- Find a friend** to help with unexpected tasks on moving day.
- Coordinate a **babysitter** to watch the little ones.
- Pack, pack, pack.**
  - Start with garages and closets, then move to main rooms.



## 1 Week Before

- Confirm details** with movers, Mattress Firm & cleaning service.
- Start eating or purging **food in freezer**.
- Review budget.** Are you on track on your spending?
- Keep packing.** You're getting close to the finish line.

## Few Days Before

- Empty fridge** & arrange for easy meals during move.
- Plan for **payment**.
- Label all boxes** with the destination room.
- Also write any special **instructions for movers**.
- Fill up your suitcase & pack **work attire** for 1 week.

## Moving Day

- Look around & **take inventory** of items you've had moved.
- Final walkthrough** of your old residence. Anything left behind?
- Sit back & let **Mattress Firm remove old mattresses** & set up new ones.
- Lock up** the old home and turn in your keys.

**Welcome home!** Now you can finally take a deep breath and relax in your new home. You deserve it! And for the unpacking... that can wait until tomorrow.

